

Syllabus for Ballet I;

CRN 49229 DANC-022K-01

DE ANZA COLLEGE DANCE/ THEATRE DEPARTMENT

Instructor: Janet Shaw **Office hrs. TTh 12:45pm-1:00pm**, & by appointment

Meets: Meets: TTh 11:30am-12:45pm, Satisfies 1 unit of GE requirement, Area E.

CONTACT Instructor email address: shawjanet@fhda.edu or thru Canvas

page 1 of 2

in studio, Spring 2025

Course Description: Introduction to the discipline and creative art of classical ballet, focusing on the development of basic movement theory and techniques, including ballet barre and basic center floor exercises.

Student Learning Outcome Statements (SLO)

- **Student Learning Outcome:** Analyze and employ basic elements of classical ballet technique.
- **Student Learning Outcome:** Perform basic center floor exercises with proper body placement and coordination.

DROP POLICY: Instructor will not automatically drop students.

If you want to drop a class, use My Portal.

READING: Recommended: **The Ballet Companion** by Eliza Gaynor Minden

FINAL EXAM Tuesday, June 24th, 11:30am-1:10pm (during Final's week)

REQUIRED Watch ONE of our 9 **Option** collections of videos, posted in Canvas: in the **Dance Studio** Module's **Viewing Room**. Be sure to watch **ALL of the videos** in the Option Group you select. Then **type up a one-page reflection** (as per instructions in Viewing Room) and submit in our **week 11 Module**. **Due:** no later than **June 22nd**, the Sunday before Final's week. OR attend 1 recommended live performance & submit photo & reflection in week 11. **PLUS** one 10-minute individual appointment (*for assistance w/ technique*) during week 4.

IN CLASS PARTICIPATION is expected: Participation in class is a major portion of your grade. Your second absence will lower your grade **2 points**, as will each additional absence thereafter, unless made up.

MAKE-UPS/ Classes can be made up (however there is a limit) by:

1. Taking the class you missed (same week, same day) using **recordings** of past, online ballet classes that are posted in the **Dance Studio** module's **Makeup Room**. After you take the class, **send me an email**, with a brief reflection on the experience. Since **attendance is an expectation for this class**, there is a limit on how many classes you are allowed to make up.
2. Up to **two classes may be made up** by watching a 2nd and 3rd **Option** (see details in Module). Turn in one **TYPED** reflection, describing the information requested for each video in each Option. **SUBMIT** in the week 11 Module unit marked 1st makeup and/or 2nd makeup. **Due:** no later than **June 22nd**.
3. Attendance at these approved **LIVE** dance concerts below **can count as two makeups** (Submit 1-page reflection & photo as described in Makeup Module); **Maximum of two** may be used for makeups (or one can be used for the Option assignment):

4/12, 2pm & 7pm **Spring Dance Festival** (*student choreography*)/ **Santa Clara University**

4/13, 2pm Fess Parker Studio Theatre. 1063 Alviso St., Santa Clara
CALL 408 554-4015 for ticket prices

5/17, 2pm & 7pm **Swan Lake** (*classical ballet*) by New Ballet/ San Jose
5/18, 2pm Hammer Theatre Center, 101 Paseo De Sn Antonio, San Jose,
Tickets \$25-\$111. (408) 924-8501

5/29-30, 7:30pm **Smuin Ballet Co.** (*contemporary ballet*), Mountain View Center for Performing Arts
5/31 2pm & 7:30pm, 6/1 2pm 500 Castro St, Mountain View. Tickets \$31 to \$92. 650-903-6000

Resources for Extra Help & Support are in our Dance Studio Module in Canvas

Participation in class = 45 points

PRIMARY, in class goals for Ballet I:

1. Keeping legs straight during tendus.
2. Pointing feet, as they leave the floor.
3. Keeping pelvis vertical, allowing for full outward rotation of hip sockets.
4. Stretching energy through arms, especially when held out in 2nd position.
5. Using energy throughout the entire body.
6. Motivation to work well in class.
7. Ability to maintain concentration in class.

All are allowed 1 absence. Additional absences need to be “made up”
(-2 points for each missing make up)

One, 10-minute office hour **Ballet Check In** conducted during week 4,
scheduled by appointment.

Quizzes = 35 points

Participation in online activities; each week will have a short video and very short,
online multiple-choice quiz to take. Take multiple times until receive full points. :)

WATCH 1 of 9 Option Collections of Videos & write 1 pg. reflection as per instructions.

Submit in **week 11 Module** = 10 points

Final Exam = 10 points

During final’s week. Includes:

Final class.

Final combination.

Both performed as a class & recorded.

Both played back for review during class

100 Total

Summary: If you successfully **complete all of the above**, you will have earned an **A** in this class.

FYI Websites for LIVE Dance Performances are:

www.baydance.com and <https://www.sanjose.org/events?category=Dance>